




INSTITUTE OF HOME ECONOMICS
UNIVERSITY OF DELHI



| | | |
|---|--|---|
| Name | Dr MANJULA SURI | Photograph |
| Designation | ASSOCIATE PROFESSOR |  |
| E-mail | manjula.suri@ihe.du.ac.in mjlsuri@gmail.com | |
| Educational Qualifications: <ul style="list-style-type: none">• MBBS (L.H.M.C, Delhi)• Ph. D (Neurophysiology, A.I.I.M.S ,Delhi)• PG Diploma (Health and Family Welfare Management ,N. I. H.F. W, Delhi) | | |
| Teaching experience:23 Years | | |
| Subjects/Papers Taught: Human Physiology, Microbiology, Gerontology | | |
| Awards received: Awarded Best Poster titled "Study of Dietary influence on Pain Perception in Healthy adult Male Rat" in National Symposium on Emerging Role of Physiology and Lifestyle interventions in Health Sciences , at University College of Medical Sciences >B Hospital, Delhi. | | |
| Research Interest/Specialization : Neurophysiology, Sports and Exercise Physiology, Nutrition, Microbiology and Gerontology | | |
| ORCID No.: https://orcid.org/0000-0001-5813-1175 | | |
| Research Projects | | |
| Title | Funding agency/organization | Duration of Project |
| Effect of an integrated intervention package including yoga training and diet counselling on health status of young college-going females". (Co-PI in Project) DU Innovation Projects (301) | Delhi University | 31st August 2015 -30th August 2016 |

1. Manjula Suri , Sunita Aggarwal, Mamta Bhardwaj, Ashok Saini ,Poonam Singh ,Himanshu Shukla. Attitude and Awareness about antimicrobial usage and Resistance in Delhi, India. *Journal of Advanced Scientific research*. Vol 12(1) Suppl 1: 317-325 (2021) ,ISSN:0976-9595.
2. Manjula Suri. Aging and Gut Brain Axis. *MOJ Gerontology & Geriatrics* 2021;6(2):60–62. DOI: 10.15406/mojgg.2021.06.00269
3. Tibi Mathews¹, Mamta Bhardwaj², Rachna Kapila², Vandana Sabarwal³ and Manjula Suri. A Questionnaire based pilot study of sleep patterns and problems among the elderly in Delhi. *International Journal of Current Advanced Research*. Volume 9; Issue 06(B); June 2020; Page No. ; 22482-22487 DOI: <http://dx.doi.org/10.24327/ijcar.2020//202022487.4436>,ISSN: O: 2319-6475, ISSN: P: 2319-6505, www.journalijcar.org .614 .
4. Manjula Suri , Punam Kapur, Ashok Pathak, Shipra Gupta, Mamta Bhardwaj . An Overview of Dietary Approaches to Prevent the Development of Glaucoma. *The Indian Journal of Nutrition and Dietetics*. (Submitted on 30th April, 2019) Vol.57 (3), July - September 2020, DOI:10.21048/IJND.2020.57.3.23638, ISSN: 0022-3174; eISSN: 2348-621X www.ijndonline.org.
5. Manjula Suri, Suneel Kumar, Rashmi Mathur, and Suman Jain. Effect of Palatable food ingesta on feeding behavior and blood glucose level in rats, accepted in *Acta Biomedica Scientia*, 2019; 6(1): XX-XX , e - ISSN - 2348 - 2168 Print ISSN - 2348 - 215X.
6. Manjula Suri. Dietary approaches to prevent the development of cataract in elderly: Mini review. *MOJ Gerontol Ger*. 2019;4(6):247–248.
7. Suri Manjula, Mamta Bhardwaj, Kapur Punam and Pathak Ashok, An Overview of Dietary Approaches to Prevent the Development of Diabetic Retinopathy, *The Indian Journal of Nutrition and Dietetics* , Vol.55 (3), July - September (2018) 367DOI: 10.21048 /ijnd. 2018.55.3.18193,ISSN: 0022-3174; e ISSN: 2348-621X,www.ijndonline.org..
8. Manjula Surii, Rekha Sharma, Namita Saini, Effect of physical education and physical activity on anthropometric measurements and flexibility among college going girls. *European Journal of Physical Education and Sport Science* , Volume 4, Issue 7, 2018, doi: 10.5281/zenodo.1284531 ISSN: 2501 - 1235 ISSN-L: 2501 - 1235,www.oapub.org/edu .
9. Suri Manjula ,Bhardwaj Mamta, Singh Priya, Kapila Rachna, A pilot study on prevalence of malnutrition, pain, depression and anxiety in elderly population in Delhi, *Journal of Clinical Gerontology & Geriatrics*, June(2018) ;9(3):91-98.
10. Dr.Manjula Suri. Dr. Punam Kapur, Dr. Ashok Pathak, Dr. Niharika Chaudhary, Dr. Rahul Sharma, Post Herpetic Neuralgia Management: A Retrospective Analysis. *Indian Journal of Clinical and Experimental Ophthalmology*, July-September , (2018); 4(3): 406-408.Print-ISSN:2395-1443,Online- ISSN:2395-1451, ICV 2018-86.44.
11. Suri Manjula, Sharma Rekha & Saini Namita, Neuro-Physiological Correlation between Yoga, Pain and Endorphins. *International journal of Adapted physical education and Yoga*, Vol. 2, No. 9, August (2017) ISSN: 2455-8958.

12. Suri Manjula, Sharma Rekha, Saini Namita." Physiological responses of Zumba: An overview understanding the popular fitness trend." Indian Journal of Physical Education, Sports and Applied Science, Vol.7, No.4,October (2017) ISSN-2229-550X (P), 2455-0175 (O).
13. Suri Manjula, Saini N, Gupta S. Exploring the effect of Yoga and diet counselling on dietary intake of college going females. International Journal of Physical Education, Sports and Health, Vol-4(1), 155-160 ,Jan-Feb(2017) P-ISSN: 2394-1685,E-ISSN:2394-1693.
14. Suri Manjula, Saini N, Gupta S. Exploring the Physiological Effects of Yoga: A State of the Art Review. International Journal of Physical Education, Sports and Health,Vol-3(2),316-320,Mar-Apr (2016) P-ISSN: 2394-1685,E-ISSN:2394-1693.
15. Suri Manjula, Saini N, Gupta S, Pathak V, Agarwal I, Sharma S, Negi A, Hoda S,Sandhya, Masoriya,N, Saini Y, Yadav R, Sharma S. Exploring the Physiological Effects of integrated intervention of yoga and diet counseling. International Journal of Physical Education, Sports and Health,Vol-3(6),220-226,Nov-Dec (2016) P-ISSN: 2394-1685,E-ISSN:2394-1693.
16. Suri Manjula, Pathak A and Kapur P .Dietary Approaches to Prevent Age Related Macular Degeneration: A Review .The Indian Journal of Nutrition and Dietetics *Vol.53 (2), April - June*(2016) ISSN: 0022-3174; eISSN: 2348 621X. DOI:10. 21048/ ijnd. 2016. 53.2.2371,
17. Manjula Suri , Anita George ,. Namita Saini Review of physiological effects of yoga and exercise on learning and memory. Journal of Institute of Home Economics;vol.1;Pg29-35(2011)
18. Suri M, Jain S and Mathur R. Pattern of biphasic response to various noxious stimuli in rats ingesting sucrose ad libitum. *Physiology & Behavior*,101(2, 1)224-231 ,(2010).

Books published/edited

Published Book titled "Sports Pscho-physiology", Friends Publisher, New Delhi, India (2020) ISBN: - 978-81-947997-9-5.

Book chapters published/edited

1. Published Book Chapter titled : "Malnutrition: Review of Prevalence, Risk Factors, and Outcomes in Geriatric Population" in the book titled "Malnutrition: Prevalence, Risk Factors and Outcome". Nova Science Publishers, Inc. USA, chapter 1 , (2020) ISBN: 978-1-53617-597-4.
2. Published Book Chapter titled : "Yoga and Aging" in the book titled "Advances in Physical Education Physiology and Yoga" Integrated Publications, Delhi. India chapter 3,(2021) ISBN:978-93-90471-17-1.

Association with Professional Societies

1. Member International Association for the Study of Pain (IASP):115915R
2. Member of Delhi Medical Council (DMC no.1478)
3. Delhi Medical Association (DNZ-699)
4. Medical Council of India: MCI /2743

Any other

- Invited speaker for International Brain Research Organization (IBRO) Nepal Associate School (2021) "Neurophysiology of Pain Mechanism to Medicine" on Malnutrition in elderly and its relation to pain, depression and anxiety.
- Invited speaker and as subject expert for workshop in IBRO India Associate School (2018) "Neural Plasticity in Health and Diseases" on Brain Microdialysis : Principle and its application as research technique or clinical tool at AIIMS, Delhi.
- Invited as a speaker for paper presentation on "Physiological role of Beta Endorphin in Pain modulation" for BIT's 6th Annual World Congress of Neurotalk , Hangzhou, China,(2015).
- Invited as a speaker for paper presentation on "Modulating effect of oral sucrose on beta-endorphin and pain perception" for Australia Neuroscience Conference, Melbourne, Australia,(2013).
- Invited as a speaker for demo presentation on "Modulation of nociceptive responses induced by VMH-procainization in sucrose fed rat" for Neuroinformatics and Neuro 2010, Kobe, Japan,(2010)
- Prior to teaching ,worked as Medical officer for United Nations High Commission for Refugees (UNHCR) for 11years.